



SOFTBALL 2019

I hope you all are excited for the softball season! I have put together a small packet to give you as much information as possible to start planning for our season. The schedule provided is an indoor/outdoor schedule. Please keep in mind this schedule is subject to change. I will give as much advanced warning as possible but last minute changes are inevitable.

All players will be evaluated at Try-outs Monday March 11th-Wednesday March 13th. Beginning Wednesday March 13th running through the rest of the week individual meetings will occur during practice to notify players of their status with the program. At this time possible positions and playing time, strength and weakness will also be discussed. This does not mean their positions or playing time is set in stone, but we will be honest with players knowing this is a big commitment. They should discuss their evaluations with their parents. Also note that playing time or position is NOT guaranteed, negotiable, or equal.

If we are able to go outside, we will! The girls should come to school prepared everyday for either inside or outside practice. If we are outside, practice will run roughly 3:30/3:45-6:00. Please know with our displacement this is subject to change. We are going to see if a 3:30 start is a feasible time once we are able to get outside. If 3:30 is too difficult for the players we will move it to 3:45. Being on time is mandatory. Please keep in mind the players are required to take care of their equipment and field prior to leaving, and then they will be dismissed from practice. The times that are listed each day on the calendar are gym times. We will go outside as much and as soon as possible. If weather is in question there will be a message sent to let players know of indoor vs outdoor practice.

We do take great pride in this softball program and intend to continue with its great tradition. We want players with integrity that have pride in representing our school and community. There will be a focus on fundamentals daily. Every player should be learning, improving and growing every day. We demand hard work and commitment. We are looking for players to represent the program on the field, in the classroom and in the community. A player's attitude, hustle, level of commitment, athletic ability, versatility, eligibility status and classroom behavior are major factors in our program. Experience and talent are beneficial to have but keep in mind hard work and attitude are characteristics we want representing our program.

I am not a teacher in the district but can be reached by email during the day. Please contact me with questions. My email is lkiino@portageps.org. My cell number is 269-806-8461. I will get back to you as soon as possible.

I am looking forward to our upcoming season!

Coach Kiino

March 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	Stable = 3-5:30 SPILL = until 6:00						2 SPILL Player Assessment pens 9-1
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
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21							
22							
23							
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27							
28							
29							
30							
31							

Mardi Gras Carnival

St. Patrick's Day

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1 SPRING BREAK

2

3

4

5

6

14

April Fool's Day

7 Open Gym

8 Practice

9 @ BC Central
DH 4PM

10 Practice

11 @ Bull Lake
DH 4PM

12 Practice

13 PC Invite
SPLL 10:30

15

14

15

16 vs K-Central
DH 4PM
WNUA

17 Practice

18 vs Coldwater
DH 4PM
WNUA OF SPLL

19 Practice

20 3 Rivers Invite

16

Practice

Good Friday

21

22

23 @ P. Northern
DH 4PM

24 Practice

25 vs Byron Center
DH 4PM
WNUA OF SPLL

26 Practice

27

17

Easter

Easter Monday

28

29

Practice

30 @ Vicksburg
DH 4PM

18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice	2 vs Lakeshore DH 4PM WNM	3 Practice	4 Lakeshore Invite 10:30
	6 Practice	@ St. Joe DH 4PM	8 Practice	9 vs Jensen DH 4PM WNM	10 1/2 DAY Practice	11 Clinic SpU
		14 vs Loy Norrix DH 4PM WNM	15 Practice	16 @ Mattawan DH 4PM	17 Practice	18 TBD
		21 vs Niles DH 4PM WNM SENIOR NIGHT	22 Practice	23 Practice	24 @ Lakeshore DH 4PM	25 Armed Forces Day
		28 PRE-DISTRICT	29 TBD	30	31 GRADUATION	

Memorial Day

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22						1 Districts @ Mattinvar
2	3	4	5	6	7	8 Regional
23						
9	10	11	12	13 Semi-finals	14	15 Finals
24	1/2 DAY Pentecost	1/2 DAY Pentecost Monday	1/2 DAY	1/2 DAY LAST DAY	20 Ratings Day	
16	17	18	19	20	21	22
25						
23	24	25	26	27	28	29
26						
30						
27						

PORTAGE CENTRAL MUSTANG SPORTS
















THE OFFICIAL WEBSITE OF PORTAGE CENTRAL ATHLETICS


















GIRLS VARSITY SOFTBALL

Full Schedule

SUBSCRIBE 

Key:  Home  Away  Practice  School  Other  Scrimmage  Postponed  Cancelled

	Date & Time	Opponent(s)	Facility	Score
★ (A)	03/21/19 3:00 PM	vs Plainwell HS		
 (A)	04/09/19 4:00 PM	vs Battle Creek Central HS		
 (A)	04/09/19 6:00 PM	vs Battle Creek Central HS		
 (A)	04/11/19 4:00 PM	vs Gull Lake HS		
 (A)	04/11/19 6:00 PM	vs Gull Lake HS		
 (H)	04/13/19 10:30 AM	PC Varsity Softball Invite	South Portage Little League	
 (H)	04/16/19 4:00 PM	vs Kalamazoo Central HS	Western Michigan Univ.	
 (H)	04/16/19 6:00 PM	vs Kalamazoo Central HS	Western Michigan Univ.	
 (H)	04/18/19 4:30 PM	vs Coldwater HS	Western Michigan Univ.	
 (H)	04/18/19 6:30 PM	vs Coldwater HS	Western Michigan Univ.	
 (A)	04/20/19 TBA	Three Rivers Round Ro...		
 (A)	04/23/19 4:00 PM	vs Portage Northern HS		
 (A)	04/23/19 6:00 PM	vs Portage Northern HS		
 (H)	04/25/19 4:00 PM	vs Byron Center HS	TBD	
 (H)	04/25/19 6:00 PM	vs Byron Center HS	TBD	
 (A)	04/30/19 4:00 PM	vs Vicksburg HS		

	Date & Time	Opponent(s)	Facility	Score
 (A)	04/30/19 6:00 PM	vs Vicksburg HS		
 (H)	05/02/19 4:00 PM	vs Lakeshore HS	Western Michigan Univ.	
 (H)	05/02/19 6:00 PM	vs Lakeshore HS	Western Michigan Univ.	
 (A)	05/04/19 10:30 AM	Lakeshore Tournament	Lakeshore H.S.	
 (A)	05/07/19 4:00 PM	vs St. Joseph HS		
 (A)	05/07/19 6:00 PM	vs St. Joseph HS		
 (H)	05/09/19 4:00 PM	vs Jenison HS	Western Michigan Univ.	
 (H)	05/09/19 6:00 PM	vs Jenison HS	Western Michigan Univ.	
 (A)	05/11/19 10:00 AM	Mattawan Tournament	Mattawan H.S.	
 (H)	05/14/19 4:00 PM	vs Loy Norrix HS	Western Michigan Univ.	
 (H)	05/14/19 6:00 PM	vs Loy Norrix HS	Western Michigan Univ.	
 (A)	05/16/19 4:00 PM	vs Mattawan HS		
 (A)	05/16/19 6:00 PM	vs Mattawan HS		
 (H)	05/21/19 4:00 PM	vs Niles HS	Western Michigan Univ.	
 (H)	05/21/19 6:00 PM	vs Niles HS	Western Michigan Univ.	
 (A)	05/24/19 4:00 PM	vs Lakeshore HS	Lakeshore H.S.	
 (A)	05/24/19 6:00 PM	vs Lakeshore HS	Lakeshore H.S.	

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PORTAGE CENTRAL MUSTANG SPORTS

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GIRLS JV SOFTBALL

Full Schedule

SUBSCRIBE 

Key:  Home  Away  Practice  School  Other  Scrimmage  Postponed  Cancelled

	Date & Time	Opponent(s)	Facility	Score
★ (A)	03/21/19 3:00 PM	vs Plainwell HS		
🏠 (H)	04/09/19 4:00 PM	vs Battle Creek Central HS	South Portage Little League	
🏠 (H)	04/09/19 6:00 PM	vs Battle Creek Central HS	South Portage Little League	
🏠 (H)	04/11/19 4:00 PM	vs Gull Lake HS	South Portage Little League	
🏠 (H)	04/11/19 6:00 PM	vs Gull Lake HS	South Portage Little League	
🏠 (H)	04/13/19 10:30 AM	PC JV Softball Invite	S.Westnedge City Fields	
🚌 (A)	04/16/19 4:00 PM	vs Kalamazoo Central HS		
🚌 (A)	04/16/19 6:00 PM	vs Kalamazoo Central HS		
🚌 (A)	04/18/19 4:00 PM	vs Coldwater HS		
🚌 (A)	04/18/19 6:00 PM	vs Coldwater HS		
🏠 (H)	04/23/19 4:00 PM	vs Portage Northern HS	South Portage Little League	
🏠 (H)	04/23/19 6:00 PM	vs Portage Northern HS	South Portage Little League	
🚌 (A)	04/25/19 4:00 PM	vs Byron Center HS		
🚌 (A)	04/25/19 6:00 PM	vs Byron Center HS		
🏠 (H)	04/30/19 4:00 PM	vs Vicksburg HS	South Portage Little League	
🏠 (H)	04/30/19 6:00 PM	vs Vicksburg HS	South Portage Little League	

	Date & Time	Opponent(s)	Facility	Score
 (A)	05/02/19 4:00 PM	vs Lakeshore HS		
 (A)	05/02/19 6:00 PM	vs Lakeshore HS		
 (H)	05/07/19 4:00 PM	vs St. Joseph HS	South Portage Little League	
 (H)	05/07/19 6:00 PM	vs St. Joseph HS	South Portage Little League	
 (A)	05/09/19 4:00 PM	vs Jenison HS		
 (A)	05/09/19 6:00 PM	vs Jenison HS		
 (A)	05/14/19 4:00 PM	vs Loy Norrix HS		
 (A)	05/14/19 6:00 PM	vs Loy Norrix HS		
 (H)	05/16/19 4:00 PM	vs Mattawan HS	South Portage Little League	
 (H)	05/16/19 6:00 PM	vs Mattawan HS	South Portage Little League	
 (A)	05/21/19 4:00 PM	vs Niles HS		
 (A)	05/21/19 6:00 PM	vs Niles HS		
 (A)	05/24/19 4:00 PM	vs Lakeshore HS	Lakeshore H.S.	
 (A)	05/24/19 6:00 PM	vs Lakeshore HS	Lakeshore H.S.	

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SOFTBALL 2019

DURING TRY-OUTS YOU WILL BE EVALUATED ON THE FOLLOWING:

SPEED-

Base running

Single, double, triple, homerun, steal off the pitch, from dive back position and defensively

DEFENSIVE-

Footwork

Infield and outfield: side to side movement, drop step, over the shoulder, at the base/plate

Glove work

Forehand, back hand, one hop, ground balls and fly balls at different depths

THROWING-

Technique, accuracy, strength

HITTING-

Form and technique

Bunting and slapping

Form, technique and control

PITCHERS-

Fastball speed and accuracy, other pitches

CATCHING-

Blocking, picking, fly balls, framing, throwing accuracy and form

****MOST IMPORTANTLY****

Attitude, hustle, communication and coachability

We will meet with all players to discuss strengths and weaknesses along with the role we believe they will play or need them to play on the team and in the program. This is not to discourage but to simply inform players of what is expected out of them so there are no surprises. (For example: playing time and position) Please discuss this evaluation as a family so everyone is informed of the expectations that the coaching staff has for the player. The role on a team is every changing and we will continue to discuss these as the season progresses with individual players as needed.



EMERGENCY INFORMATION (COMPLETED BY PARENTS)

STUDENT NAME _____ GRADE ____ AGE ____ DOB _____

STUDENT CELL# _____ STUDENT EMAIL _____

ADDRESS _____ CITY/STATE/ZIP _____

FATHERS NAME _____ WORK # _____ CELL# _____

MOTHERS NAME _____ WORK# _____ CELL# _____

PARENT EMAIL _____ & _____

STUDENT RESIDES WITH _____ HOME # _____

INSURANCE

FAMILY INSURANCE COMPANY _____

POLICY/CONTRACT # _____ GROUP# _____

SUBSCRIBER _____ SUBSCRIBER DOB _____

SIGNATURE OF PARENT _____

EMERGENCY CONTACT #1 _____ PHONE # _____

EMERGENCY CONTACT #2 _____ PHONE # _____

FAMILY DOCTOR _____ PHONE # _____

MEDICAL TREATMENT CONSENT FORM (COMPLETED BY PARENTS)

I, _____, THE PARENT/GUARDIAN OF _____ RECOGNIZE THAT AS A RESULT OF ATHLETIC PARTICIPATION, MEDICAL TREATMENT ON ALL EMERGENCY BASIS MAY BE NECESSARY & FURTHER RECOGNIZED THAT SCHOOL PERSONNEL MAY BE UNABLE TO CONTACT ME FOR MY CONSENT FOR EMERGENCY MEDICAL CARE; I DO HEREBY CONSENT IN ADVANCE TO SUCH EMERGENCY CARE, INCLUDING HOSPITAL CARE, AS MAY BE DEEMED NECESSARY UNDER THE THEN EXISTING CIRCUMSTANCES.

DATE _____ SIGNATURE OF PARENT/GUARDIAN _____

PLEASE DETAIL ANY SPECIFIC MEDICAL INFORMATION (ALLERGIES, KNOWN DRUG REACTIONS, CURRENT PRESCRIBED MEDICATION, ETC.) PLEASE LIST MEDICATION INSTRUCTIONS



SOFTBALL

NAME _____ DOB _____ GRADE _____

ADDRESS _____ GPA _____

_____ PHONE # _____

PARENT/GUARDIAN(S) _____

PARENT PHONE # _____

TRAVEL TEAM _____ TRAVEL COACH _____

TRAINING COACH _____

OTHER SPORTS _____

EXTRA CURRICULARE CLUBS/ACTIVIES _____

ACADEMIC HONORS _____

FUTURE PLANS _____

TEAM GOAL _____

PERSONAL GOAL _____

FAVORITE THING ABOUT SOFTBALL _____

FAVORITE ATHLETE _____

FAVORITE QUOTE _____

ROLE MODEL/YOUR ATHLETIC INSPIRATION _____

PLEASE ANSWER THESE QUESTIONS HONESTLY, I WILL REFER BACK TO THESE IF NEEDED

1. DO YOU HAVE ANY CONFLICTS OR OBLIGATIONS THAT WILL AFFECT YOUR ABILITY TO BE ON TIME FOR PRACTICES OR GAMES?
2. WILL YOU MISS ANY PRACTICES, FUNDRAISERS, TEAM EVENTS OR GAMES FROM BEGINNING OF TRY-OUTS THROUGH THE END OF THE SEASON (INCLUDING SPRING BREAK AND PROM)? IF SO, PLEASE LIST BELOW:
3. CAN YOU BE PART OF THE TEAM EVEN IF YOU DO **NOT** GET MUCH PLAYING TIME?
4. CAN YOU GIVE YOUR ALL ACADEMICALLY & ATHLETICALLY EVERYDAY TO BE A PART OF THE SOFTBALL PROGRAM?
5. CAN YOU FOLLOW ALL SCHOOL & TEAM RULES? CAN YOU ACCEPT THE CONSEQUENCES OF NOT FOLLOWING THOSE RULES?
6. CAN YOU BE ON TIME TO ALL TEAM FUNCTIONS? THIS INCLUDES BEING ON TIME TO SCHOOL.
7. CAN YOU ACCEPT THAT NO PLAYER IS MORE IMPORTANT THAN THE TEAM, AND THAT YOU WILL BE EXPECTED TO PUT THE TEAM GOALS AHEAD OF YOUR OWN?
8. DO YOU UNDERSTAND THAT THINGS WILL BE DONE DIFFERENTLY THAN ON TEAM YOU HAVE PLAYED ON IN THE PAST?
9. ARE YOU ABLE TO SPEAK **ONLY** POSITIVELY REGARDING PORTAGE CENTRAL SOFTBALL (THIS INCLUDES TEAMMATES AND COACHING STAFF)?

PLEASE LIST ANY CONCERNS YOU WOULD LIKE TO DISCUSS WITH THE QUESTIONS LISTED ABOVE: